

# 6. TARNÓW AND THE SURROUNDING AREA



VELO MAŁOPOLSKA

This is the junction of VeloDunajec, VeloMetropolis (EuroVelo4) and VeloNatura (EuroVelo11) which enables cyclists to continue their journey to different parts of Małopolska (westwards to Kraków and Oświęcim; eastwards to the border with Podkarpackie Region; northwards to Świętokrzyskie Region; and southwards to the border with Slovakia or to Zakopane).

### Sights worth seeing:

- » Tarnów, [www.tarnow.pl](http://www.tarnow.pl)
- » The border post in Biskupice Radtowskie which dates back to 1450 (it marked the border of church estates and is the oldest object of its kind in Poland)
- » Muzeum Witosza (Witos Museum) in Wierzchosławice, [muzeum.tarnow.pl](http://muzeum.tarnow.pl)
- » Wały Kasztelańskie (Castellan Ramparts) - earthwork fortifications dating back to the 11th century, rising above the old riverbed of the Dunajec (Wojnicz)
- » The observation tower in Dąbrówka Szczepanowska

### Places for rest breaks on the route (Cyclist Service Points):

- » VeloMetropolis/VeloNatura: Wierzchosławice, Tarnów

### Bicycle trails:

- » Numerous PTTK (Polish Tourist and Sightseeing Society) recreation routes, as for instance to Dąbrówka Tarnowska, Ciężkowice, or Szczepanów.
- » EnoVelo - a network of bicycle routes running through the communes neighbouring Tarnów and Brzesko.



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### Interesting fact:

Tarnów is the Polish hot-spot. The town boasts the warmest climate in Poland thanks to its location on the Carpathian Foothills. Thermal summer, i.e. the period when the average daily temperature is above 15 degrees, lasts here from 114 to 118 days. Tarnów has as many as 55 cloudless days.

### Tips:

Within the terrain of Tarnów more and more good biking infrastructure is created, as well as attractive places for cyclists, from the increasing number of municipal bicycle paths to the Marcinka Bike Park, which is a system of routes prepared for MTB cyclists on the slope of the Mountain of St. Martin.

### Tourist information:

Tarnów Information Centre, Rynek 7, 33-100 Tarnów, phone. +48 146889090, [it.tarnow@msit.malopolska.pl](mailto:it.tarnow@msit.malopolska.pl), [www.it.tarnow.pl](http://www.it.tarnow.pl)

### Maps:

- » maps in electronic versions and for printing;
- » gpx tracking including suggested detours around sections currently under construction/renovation.

Download from the website:

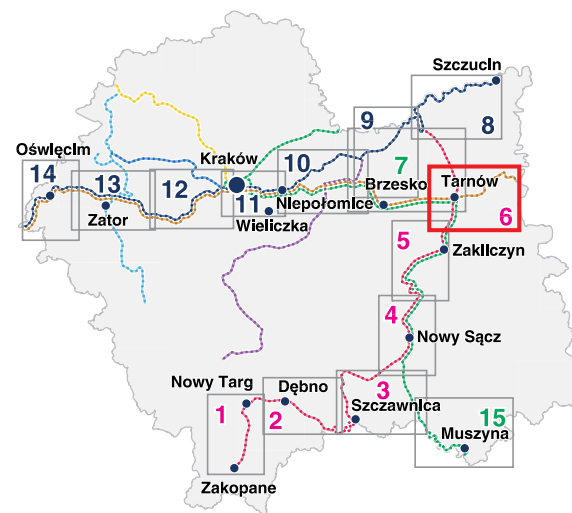
[narowery.visitmalopolska.pl/mapy](http://narowery.visitmalopolska.pl/mapy)

If you have any comments regarding damaged bicycle infrastructure on VeloMałopolska routes, please report them to the following email address: [narowery@umwm.malopolska.pl](mailto:narowery@umwm.malopolska.pl)

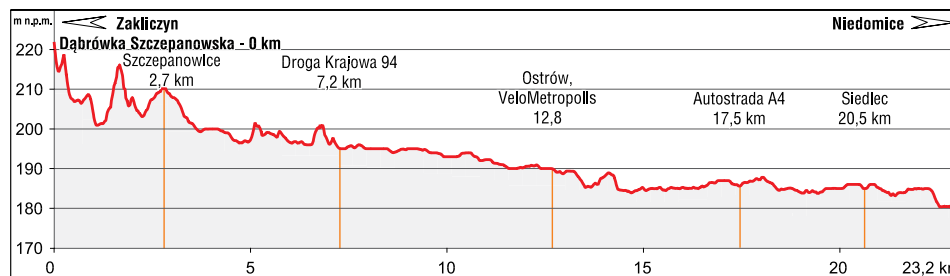


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- EXISTING and planned VeloMałopolska routes**
- Vistula Bicycle Route
  - VeloDunajec
  - VeloMetropolis
  - VeloNatura
  - VeloRaba
  - VeloPrądnik
  - VeloRudawa
  - VeloSkawa



**VeloMałopolska** is a network of bicycle routes of European standards, which run through whole the Małopolska region. One of them is the **VeloDunajec** route, which runs through picturesque terrains of the Dunajec river valley, offering views of the Tatras, the Gorce Mountains, the Beskids, the Pienins and the Foothills, as well as along the sides of two lakes, Czorsztyn Lake and Rożnów Lake. Alongside all the VeloMałopolska routes there are **Cyclist Service Points** (Cyclist Service Points) with such amenities as for instance maps of the surroundings, sheds where

it is possible to take shelter in case of rain, service tools, grilling equipment, or toilets. **Bicycle Friendly Places** (MPR) complement the offer of the region within the range of bicycle tourism. These are accommodation facilities, gastronomic places, tourist attractions, as well as other facilities adjusted to cyclists' needs. These are places where it is possible to store a bicycle and luggage safely, to avail oneself of tools for basic repairs, as well as to obtain information useful for planning the further journey.

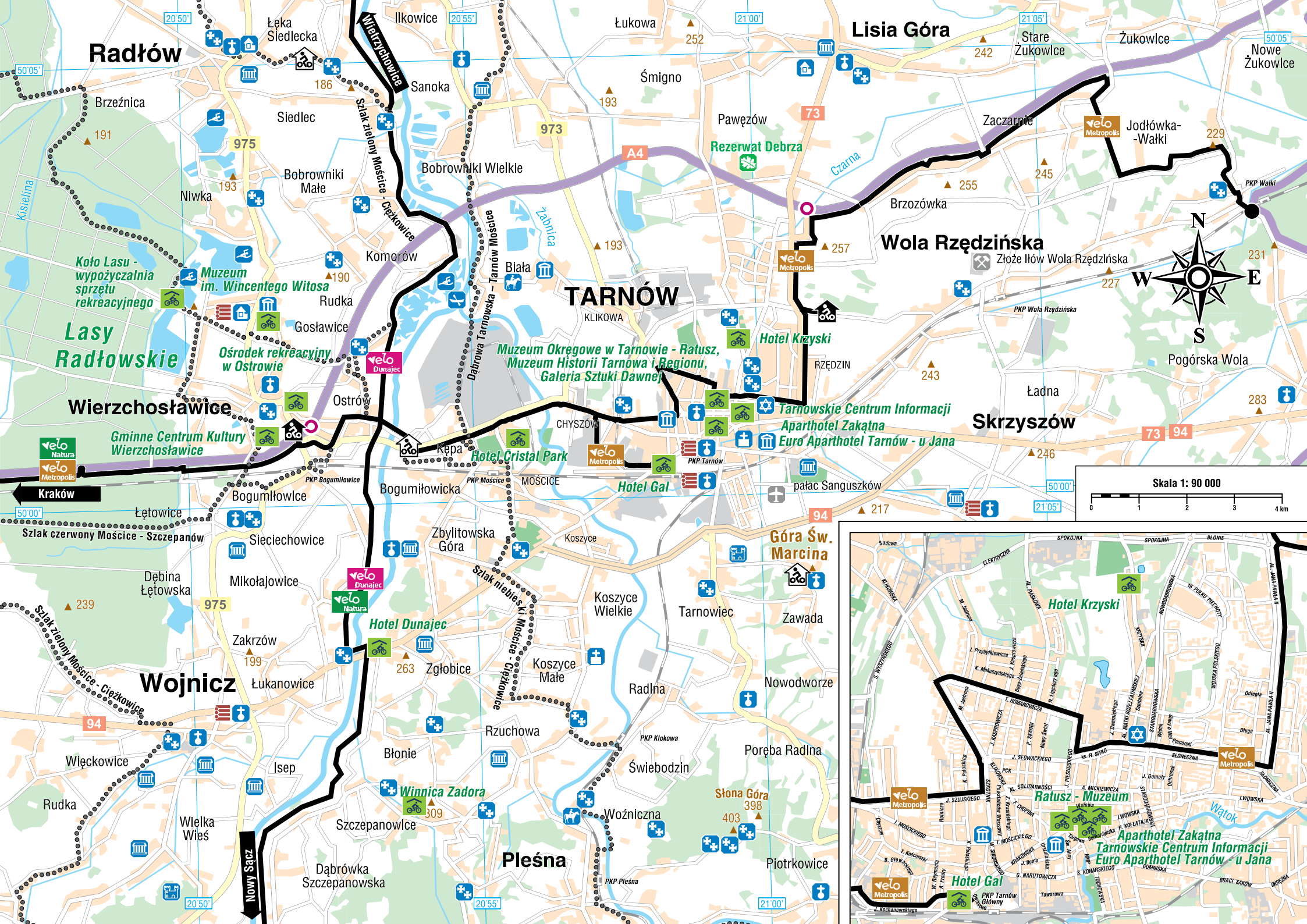


- VeloMałopolska
- VeloMałopolska - planned route
- Other bicycle trails, steep inclines
- Cyclist Service Points (MOR), Shelters for rest breaks
- Cyclist-Friendly Places

- Castles, castle ruins, palaces
- Other historical buildings, heritage parks, historic fortified settlement
- Churches, Orthodox churches, monasteries, synagogues
- Military cemeteries, museums, vantage points
- Sites on the Wooden Architecture Trail

- Monuments of technology, bunker, other tourist attractions
- ferry, swimming pools or beach, river ferries
- Thermal pools, Horse-riding centres, ski resort
- Mountain shelters, camp sites
- Tourist Information, UNESCO sites

- Rocks, Caves, passes; elevation points
- Natural attractions, nature reserves
- Boundary of national park, landscape park, Małopolska Volvodeship
- Motorways, roads: national, Inter-regional other
- Railways with stations and stops



**Radłów**

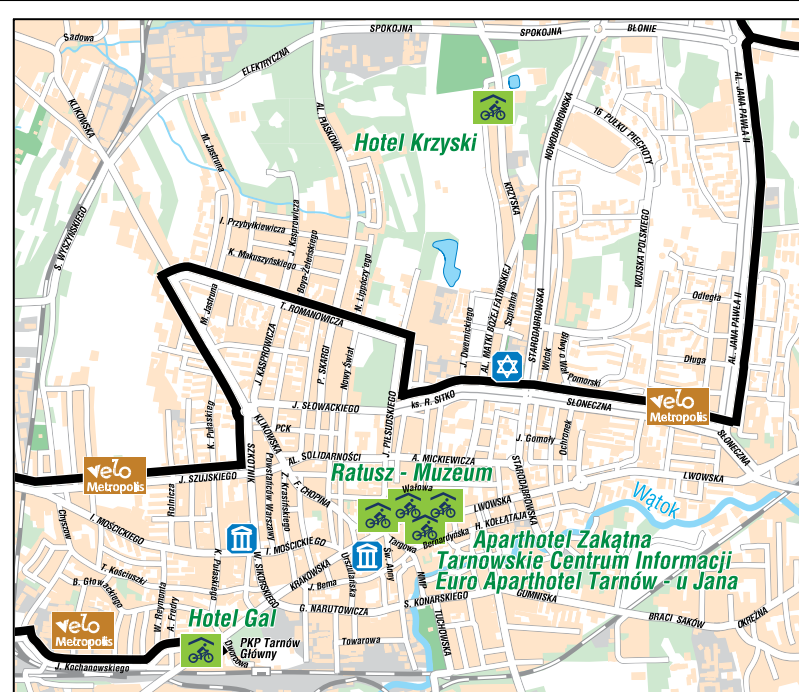
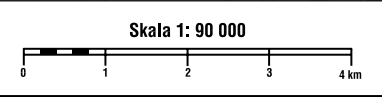
**Lisia Góra**

**TARNÓW**

**Wola Rzędzińska**

**Wojnicz**

**Pleśna**



Brzeźnica

Siedlec

Sanoka

Śmigno

Pawęzów

Zaczarnie

Jodówka-Wałki

Niwka

Bobrowniki Małe

Bobrowniki Wielkie

Biała

Brzozówka

PKP Wałki

Muzeum im. Wincentego Witosa

Ośrodek rekreacyjny w Ostrowie

Muzeum Okręgowe w Tarnowie - Ratusz, Muzeum Historii Tarnowa i Regionu, Galeria Sztuki Dawnej

Hotel Krzyski

Złóże Iłów Wola Rzędzińska

**Wierzchosławice**

Gminne Centrum Kultury Wierzchosławice

Ostrow

Kępa

Hotel Cristal Park

Hotel Gal

Tarnowskie Centrum Informacji

Aparthotel Zakątna

Euro Aparthotel Tarnów - u Jana

**Skrzyszów**

Ładna

Kraków

Łętowice

Bogumiłowice

Sieciechowice

Bogumiłowicka

Mosćnice

Hotel Gal

pałac Sanguszków

Szlak czerwony Mościce - Szczepanów

Dębina Łętowska

Mikołajowice

Szaciechowice

Zbylitowska Góra

Koszyce

Hotel Gal

Góra św. Marcina

Szlak zielony Mościce - Ciepłkowice

Zakrzów

Łukanowice

Zgłobice

Hotel Dunajec

Koszyce Wielkie

Tarnowiec

Więckowice

Isep

Błonie

Rzuchowa

Radlna

PKP Kłakowa

Nowodworze

Rudka

Wielka Wieś

Szczepanowice

Winnica Zadara

Świebodzin

Poreba Radlna

Nowy Sącz

Dąbrówka Szczepanowska

Szczepanowice

Winnica Zadara

Woźniczna

Piotrkowice